

ELLINGTON TOWN CRIER

A SENIOR CENTER NEWSLETTER

Erin R. Graziani, Director
Noreen Staiger, Assistant
MaryAnne Mandell, Receptionist
Van Drivers: Jeanne Magurany
Clay Farnham and Paul Sawyer

TELEPHONE
870-3133

May

Ellington Senior Center
16 Church Street
Monday: 8:30 am to 6:00 pm
Tues-Thurs: 8:30 am to 4:00 pm
Friday: 8:30 am to 1:30 pm

Greetings from the Director—
What a wonderful most entertaining
Musicale performed by our Better Age
Singers! It never ceases to amaze me how
many talented people we have!! Thank you
to Barbara Caramante our choral director
for her talent and enthusiasm!

Did you notice our Garden Thyme Patio?
Thank you to the Public Works Department;
Peter Michaud, Sal, Mark and Kevin for the
beautiful work, along with volunteer Nancy
Long. Thank you to the volunteers who
helped with the Red Cross blood drive in
April; Janet Rodier, Pat Stoughton, Libby
McCarthy, Mildred Schliphack, Morris &
Maureen Webber and Gary & Earlene
Pellegrini. **Please come to our Fabulous
Fabric & Yarn Sale on Sat. May 13 at the
Senior Center great buys!**

Blessings to All

Sincerely,

Erin R. Graziani



OUT TO LUNCH:

Date: May 2, 2006
Noon (FREE)

Restaurant: Ellington Senior
Center-No Van

Sandwiches, salad, fruit
platter & dessert. **Guest
speakers: Dr. Packman,
Superintendent and Bob
Pagani, Topic: Budget**

To Access the Town Crier
News & Calendar on the
Town's website:

www.ellington-ct.gov

- click "Our Town News"
- select "newsletter"
- select "Senior Center"

VAN NEWS: Please sign-up for transportation
with the Receptionist, if you wish to take the
van. **To reserve a ride, please call (870-3133)**
at least 3 full business days in advance. We can not honor
requests for rides left on the answering machine. First
time riders, must fill out "Intake" form prior to your ride.



Ellington Medical Transportation Services (EMATS)

Transportation services for non-emergency medical ap-
pointments for Ellington residents. For reservations call
Senior Center Director, Erin Graziani at 870-3133 **at least
3 weeks in advance. Program is funded in part by the
Older Americans Act through the North Central Area
Agency on Aging.**

OPENING KNIGHT
PLAYERS -Ellington High School
Drama Society students and
Mr. Prenetta presents:

Charley's Aunt
performances May 11, 12 & 13
at 7:30 p.m. at EHS Auditorium

Tickets Cost: \$7.00 at the door
Or in advance
AT THE SENIOR CENTER

**Transportation available for per-
formances on Thursday, May 11
and Saturday, May 13, by calling
the Senior Center at least 3 days in**

Musical Insights

Programs take place on the
second & fourth Monday at
6:00 p.m. Transportation
available.

May 8:

"Composer: R. Strauss"
presenter: Mary Regan

May 22:

Program to be announced.

MEMORIES & CREATIVE WRITING

Meetings return to the evening.. Please
join us on the **third Monday of every
month at 6:30 p.m. Next meeting date
is May 15, 2006**

HEALTH & WELLNESS NEWS**Blood Pressure Clinics and Diabetic Screening:**

Blood pressures **2nd & 4th Tuesday** from
1:30-3:00 p.m. Diabetic Screenings

HOME & COMMUNITY HEALTH CARE, INC.

Join us at the Senior Center for a series of health
presentations from **1:30 to 2:30 p.m.**

June 28: Alzheimer's Disease presenter Kim Bozzone, RN

Aug. 23: COPD, Emphyzema, Asthma presenter Kim Bozzone, RN

***Sign-up at the Senior Center, if you plan to attend. Thank you**

"New For You" Exercise class every Monday from **9:00 to 10:00 a.m.** Classes \$3.00 for residents; \$4.00 for non-residents. Instructor: Alcyone Brennan

Tai Chi Sword, 24 and Fan: Every Monday beginning with Sword at 10:45 a.m., followed by 24 and Fan at 11:30 a.m. Cost: \$3.00 for residents; \$4.00 for non-residents. Ed Evans, Instructor.



Dancing: The A-Team's dancing season is wrapping up for the summer with the following schedule: **Line Dancing** ends 5/15; **Oberek, Polka** ends 5/17 and **Ballroom** ends on 5/19. All Dancers please join Adam & Amelia for an end of the year Dance Party on May 19 at 1:00 p.m.

Dancing to resume in September

**BETTER AGE CLUB**

Meetings takes place at the Senior Center on the second and fourth Thursday @ 1pm

May 11: Gary Feldman Russia Slides

May 25: CL & P Ana Alfano

The Better Age Singers

May 3: Pot Luck Luncheon at Senior Center @ **Noon**. Please bring hot or cold dish with a plate setting

May 4 : Enfield Senior Center @ **2:00 p.m.**

The Singers will take a hiatus and return in September. Anyone interested in joining, call the Senior Center at 870-3133

FABULOUS FABRIC & YARN SALE

Saturday, May 13 at the Senior Center

9:00 a.m.-3:00 p.m.

Proceeds go to the center in memory of Hazel Griswold

VETERAN'S NEWS:

The American Legion Auxiliary members bring lap robes (size 40x80) to the V. A. Hospital.

Anyone who would like to make a robe for the Vets, please contact Erin at the Senior Center. (870-3133)

Veteran Contacts:

- VFW- **Jim Stemmerman, Commander @ 872-3446** or Services Officer **Morris Webber @ 875-2613**
- American Legion- **Leonard Johnson Services Officer @ 871-1498**
- Veteran's Affairs-State Representative **Ted C. Graziani @ 240-8531**



GARDEN THYME
 Get together every
Wednesday morning at 11:00
 with Master Gardener,
 Nancy Long our volunteer

MOVIES OR MALL

Tuesday, May 9

The van goes to the Buckland Mall or to the Redstone Cinemas.

Classic film **In the Heat of the Night**

Show time is 1:00p.m.

Cost is \$1.00 for admission, popcorn and soda.

Please reserve your ride on the van one week ahead.

**THE BOOK CLUB**

May 16: The City of Falling Angels by John Berendt

Time: 11:00 a.m.

Place: Senior Center

Van transportation is available by calling the senior center one week prior to the meeting date.

CARDS AND GAMES

The Bridge Players: Tuesdays @ 9:15 a.m.; see Pat Szemplinski or Rosemary Malatesta.

Evening Cards: Setback: Tuesdays & Saturdays at 7:00

Pinochle: Every Friday at 5:30 See Bob Karlowicz.

Games Night: The 1st Monday of every month @6pm; see Joan Randall.

Mahjongg: Come join in the fun! Every **Monday @ 1pm** and every **Friday @ 10:00 a.m.**, see Sylvia Kravitz.

**THE CRAFTY CORNER**

Rose Parent's Sew & So: 1st and 3rd Thursday @ 9:30 a.m.

Carolyn's Crafts: 2nd & 4th Thursday @ 10:00 am

Lucille's Knitting: 2nd, 3rd, 4th Tues. @ 2:00 p.m.

ELDERLY OUTREACH SERVICES:

Contact Anna L. Turner, @ 870-3131 for Information on programs and services for residents age 60 and older.

Programs in May at the Senior Center

May 9: MEDICARE PART D presented by CVS-Jennifer Grover at **2:00 p.m.**

May 25: "WHAT COLOR IS YOUR PERSONALITY?" presented by Ron Hughes at **11:00 a.m.**

- All programs held at the Senior Center please call 870-3133 to register.
- For Van Transportation, please call the center at least 3 full business days in advance.

NOTE: DEADLINE FOR MEDICARE PART D ENROLLMENT IS MAY 15

CENTER SCHOOL-Mrs. Marshall's 3rd graders WELCOME TO THE SENIOR CENTER

Tuesday, May 2 @ 1:30-May Pole
Let's share our May Day times with the kids.

**VIDEO**

Video show date: **May 16 at 1:15** "Better Age Singers"
Volunteer: Amelia Kurpat

SHIRT**DECORATING**

with Amelia
May 22 at 1:00
Cost: \$5.00 (instructions at sign-up counter)

DIANE SMITH "Summer in Connecticut"

Tuesday, May 23, 2006 @ 7:00 p.m.

Ellington High School Auditorium

Tickets \$10.00 each can be purchased in advance at Ellington Agway, Hall Memorial Library or by calling either **Denise@ 872-8290** or **Norma @ 875-5163**

FUNDRAISER FOR WOMENS CLUB

TRIPS

PLEASE REFER TO THE INSERT

"TRIPS SPECTACULAR"

For details

All trips are open to the public regardless of age

HAWAIIAN LUAU
at Ellington High School

Friday, May 19 @ 6:00-8:00 p.m.
(good weather event held in Courtyard, otherwise it will be in the cafeteria)

Food * Music *Fun
Sponsored by the
Student Council

Donation: \$2.00 /person, sign-up at
Senior Center by 5/12

Van transportation
Available

